

# Barre



**January 2-April 30**

Create a longer, leaner and stronger body

**Schedule is as follows:**

Tuesday, 9AM

Wednesday, 1PM and 6:30PM

Thursday, 9AM and 7:30PM

Friday, 9AM

Member \$10 | Non-Member \$20 | Package deals available



[BelAirAthleticClub.com](http://BelAirAthleticClub.com)

For more information contact Lori Berry 410.838.2670 ext.231 [lberry@wellbridge.com](mailto:lberry@wellbridge.com).