

Bel Air Athletic Club Pool Schedule*

Effective: January 1 to June 5

Lower Recreational Pool (Upper Recreational Pool will be OPEN for lap swimming as long as weather permits)

Monday / Wednesday / Friday**

TIME	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00 AM						
5:30						
6:00						
6:30						
7:00						
7:30						
8:00						
8:30						
9:00						
9:30						
10:00						
10:30						
11:00						
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4:30						
5:00						
5:30						
6:00						
6:30						
7:00						
7:30						
8:00						
8:30						
9:00						
9:30 PM						

** Aqua Aerobics - Monday & Wednesday only 7:15-8:15PM

Tuesday / Thursday

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	TIME
						5:00 AM
						5:30
						6:00
						6:30
						7:00
						7:30
						8:00
						8:30
						9:00
						9:30
						10:00
						10:30
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						12:30
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						1:30
						2:00
						2:30
						3:00
						3:30
						4:00
						4:30
						5:00
						5:30
						6:00
						6:30
						7:00
						7:30
						8:00
						8:30
						9:00
						9:30 PM

* Schedule subject to change

Aquatic Programs

Free Swim

Aqua Aerobics

Saturday

TIME	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7:00 AM						
7:30						
8:00						
8:30						
9:00						
9:30						
10:00						
10:30						
11:00						
11:30						
12:00						
12:30						
1:00						
1:30						
2:00						
2:30						
3:00						
3:30						
4:00						
4:30						
5:00						
5:30						
6:00						
6:30 PM						

Sunday - free swim, all lanes - 8AM-5:30PM

Lower Recreational Pool

5AM - 10PM, Monday - Friday

7AM - Close, Saturday and 8AM - Close

Instructional Pool

8AM - 9PM, Monday - Friday

9AM - Close, Saturday and Sunday

Note: Limited availability on Tuesday and Thursday, 5-7PM

Check Group Fitness Schedule for classes in this pool.

Splashpad

11AM - 8PM, Monday - Friday

12PM - Close, Saturday and Sunday

Note: Check with pool staff if not on during these times.